

Amish Friendship Bread Starter Schedule

Day 1 is when you mix the initial ingredients together, get some starter, or split your starter. Day 1 and 10 are the same day.

Always stir with a spoon that isn't metal.

Days 2 – 4: stir.

Day 5: add 1 cup milk, 1 cup flour, and 1 cup sugar. Mix well.

Days 6 – 9: stir.

Day 10:

1. Add 1 cup flour, 1 cup sugar and 1 cup milk.
2. Remove 1 cup and set aside to make bread with.
3. Remove another 2 cups divided into 1 cup into food storage containers or the icky zip top bags.
4. And you will now start over with the 10 day cycle with day 10 also being day 1.